

TOGETHER, WE ARE STRONGER

A Letter from the President & CEO and Chair

PUTTING HEALTH AT THE FOREFRONT OF FOOD SECURITY

With the increased cost of living, gas and food prices, hundreds of Kansas families who struggled with food insecurity found it hard to put healthy meals on the table. This past year, the Kansas Food Bank along with our network of partner agencies, provided over 13.6 million meals to our neighbors experiencing hunger. Twenty-five percent of all food provided was fresh produce, equating to 4.1 million pounds.

We know that when it comes to ensuring people have access to food, the type of food they are receiving is just as critical as having food at all.

Without a healthy diet full of foods like vegetables, fruits, and whole grains, the risk increases for diet-related diseases — like heart disease, stroke, and type 2 diabetes — all of which are more common in underserved communities.

We are unique in our ability to leverage our relationships with local partners to run programs that will have the **greatest long-term impact on communities**. We are so

grateful for their partnership, which helped us launch tailored projects in their communities to provide what's most needed to those who need it most. Whether we are working with an organization that has a fixed base pantry or a mobile site, our goal is to ensure each distribution fits the community being served.

As you will read in the pages ahead, our food distribution goes **beyond the pantry walls**. We work with health departments, public schools, congregate meal sites and more to ensure **No Kansan Go Hungry**.



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FOOD IS MEDICINE

Kansans who experience difficulty affording food often live in areas of our communities and state where access to nutritious food is limited or lacking and can be described as "food poor or food deserts." In addition to limited access to nutritious foods, it is also recognized that nutritious foods are often eliminated from the diet with limited funds for food purchase.

44 SQ MILES

IN WICHITA ARE CONSIDERED A "FOOD DESERT"



According to our latest hunger study, 61% of Kansas households purchased the least expensive food in the past 12 months even if it was not the healthiest option. Sixteen percent of households reported watering down food to make it stretch farther.

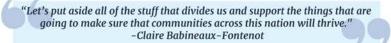
The relationship of food and health go hand-in-hand. With 43% of the households we serve having at least one member with diabetes and 62% having a member with high blood pressure, it is of utmost importance to offer healthier options.

This past year we distributed over 4.1 million pounds

of fresh produce. Additionally, we expanded the **heart healthy and diabetic friendly items** such as whole grain cereals, low sodium vegetables and no sugar added fruit along with frozen vegetables to our pantry staples.

A VISIT FROM FEEDING AMERICA'S CHIEF EXECUTIVE OFFICER, CLAIRE BABINEAUX-FONTENOT

Being a part of Feeding America is something we are very proud of. Over 200 food banks make up the network. Our staff and board had the pleasure of spending some time with Claire Babineaux-Fontenot, CEO of Feeding America, when she toured the Kansas Food Bank. Some key takeaways that Claire shared with us were the increased need being a huge trend all across the nation and that communities of color and rural communities continue facing more hardships and difficulties. Claire shared that people can support three areas: food, funds and friends. People can donate food. People can donate funds, as our buying power allows us to do more with a dollar. Finally, friends can volunteer at the food bank as well as use their voices to talk to policymakers about hunger.





FEEDING NEIGHBORS

Across our 85-county service area we have a strong network that is comprised of 136 pantries and 26 monthly mobile pantry sites. Mobile pantries, which are basically pantries on wheels, are deployed into communities and neighborhoods that are underserved, and help fill in where there are no regular brick and mortar pantries.

LAST YEAR, OVER 269,000 HOUSEHOLDS WERE SERVED BY OUR PANTRY PARTNERS AND MOBILE DISTRIBUTION SITES.

There is **no single description** of a Kansas Food Bank client, but there is a common thread line: **They are people in need of food**, and they know they can come to us to get the nourishment required to thrive.

Fifty percent of all households we served have at least one working adult in the home. Fifty-six percent of households served have an average income of \$15,000 a year or less. Forty-seven percent of clients reported that they receive half of the food they consume each month from a pantry.

Anyone can experience food insecurity. Hunger cuts across demographics and borders, indifferent to the past or future chapters of a person's life. The Kansas Food Bank meets individuals in the present, ensuring that anyone who needs it gets the nourishing food they need to thrive.





PROVIDING DISASTER RELIEF FOR NEIGHBORS IN ANDOVER

When the EF-3 tornado hit Andover in April, the food bank immediately went to work helping provide food at the Multi Agency Resource Center that was set up to help the victims. In addition to food boxes, we provided snack packs with easy-to-open-and-eat shelf stable foods. Our goal was to be there from day one with food resources as long as we were needed. That also meant supporting the local food pantry that operates in Andover. We provided Food 4 Kids packets to all the kids who were displaced from Prairie Creek Elementary the last few weeks of school as many of these kids, along with their families, were staying with other friends and relatives. The packets were well-received and the kids loved having something for themselves.

IT TAKES A COMMUNITY

With our service area spanning over 73,000 square miles across 85 Kansas counties, our team of drivers spends countless hours on the road. Because of their dedication, 24 monthly delivery routes, numerous weekly grocery rescue pickups, and mobile distributions are possible.

190,000

MILES DRIVEN BY
KANSAS FOOD BANK
DRIVERS







11,918

HOURS LOGGED BY KANSAS FOOD BANK VOLUNTEERS When we say we can't do what we do without our hardworking volunteers, we couldn't be more serious. The hours donated in 2022 is the equivalent of 5.75 Full Time Employees — a truly incredible gift of time, energy, and compassion. We are so grateful to all of our volunteers who choose to spend their valuable time furthering our cause of igniting the power of community to end hunger.

TIN 8 ADULTS & THAT THE

experienced food insecurity in Kansas in 2022

FEEDING KANSAS KIDS



370 Participating

132,516 Weekend Packets

662K

Feeding children has been a longtime mission of the Kansas Food Bank. Children should never have to worry about where the next meal is coming from. For that reason, we operate a number of different feeding programs focused directly on children.

FOOD FOR KIDS

operates during the school year. Every Friday, chronically hungry children receive a weekend packet of food to take home. This past year, we distributed 136,312 food packets in 370 public schools. Over 5,300 kids participated in the program.

FILLING THE GAP

operates in Wichita during Spring Break and the last two weeks of summer when the USDA federal meal program ends. Over 800 kids received food boxes each week containing 5 breakfast and 5 lunch meals.

THE SUMMER FOOD PROGRAM

operates sites that provide meals to kids in the summer. This past summer, over 105,000 meals were provided to children throughout 23 libraries, schools, churches, and community centers.

105K Summer Meals

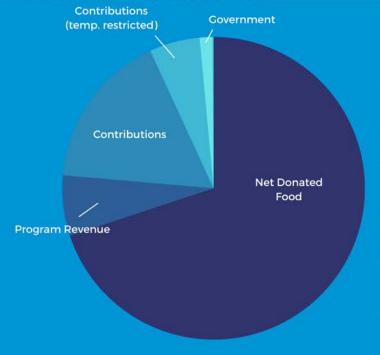
Served

13 Filling the Gap Sites

23 Summer Feeding Sites



FINANCIALS



REVENUE

Net Donated Food

Tier Bonatea Food	71.270	410,009,993
Program Revenue	6.6%	\$1,534,046
Contributions	17.1%	\$3,979,954
Contributions (temp. restricted)	5.5%	\$1,280,429
Investments, Interest		-\$426,277
Government	1.4%	\$322,320
Other Revenue	0.1%	\$29,165

Total Revenue

\$23,329,590

71.2% \$16.609.953

FEEDING KANSAS SENIORS



IMAGINE YOU'RE A SENIOR LIVING ON A FIXED INCOME.

With just one unexpected bill or emergency you are left without money to purchase groceries.

Unfortunately, this is a reality for far too many of our senior neighbors. For a senior living on a fixed income there are many challenges. They may have to decide between paying an electricity bill or purchasing food. They may have to decide between paying for medicine or purchasing food.

Seniors are one of our most vulnerable populations. However, many struggle to ask for help due to their pride and upbringing.

To help our senior neighbors, the Kansas Food Bank operates the Commodity Supplemental Food Program (CSFP) in 28 counties serving over 840 low income senior households every month. We also distribute Bob Boxes, named after former Kansas Senator Bob Dole, to seniors in 20 northwest and southwest counties of our state.

10,735

TOTAL SENIOR FOOD BOXES
DISTRIBUTED IN 2022

6.8%

OF SENIORS IN KANSAS ARE FOOD INSECURE

EXPENSES

PROGRAM SERVICES

 Donated Food Distributed
 71.0%
 \$17,091,932

 Cost of Purchased Distributed
 11.2%
 \$2,699,909

 Other Program Services
 14.9%
 \$3,578,548

 Total Program Services
 \$23,370,389

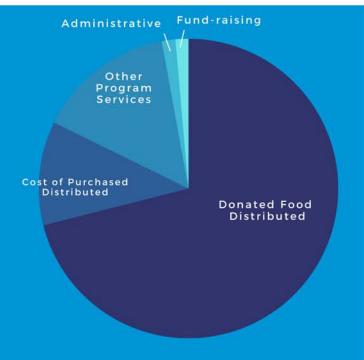
SUPPORT SERVICES

 Administrative
 1.5%
 \$353,179

 Fund-raising
 1.4%
 \$335,546

 Total Expenses
 \$24,059,114

 Total Net Assets, End of Year
 \$24,204,549





is to provide comprehensive and compassionate HungerCare whenever and wherever it is needed to safeguard the health, well-being and productivity of food-insecure Kansas families and their children, as well as senior citizens, the homeless and the chronically ill and impoverished among us.

