

TOGETHER, WE ARE STRONGER

A Letter from the President & CEO and Chair

MEETING THE EVOLVING NEEDS OF OUR COMMUNITY TOGETHER

As we reflect on the past year, we are humbled by the incredible support and unwavering commitment from our dedicated community of donors, volunteers and partners. When putting together our 2023 Annual Report, we wanted you to read and "feel" a few of the many personal comments that are shared with us.

This past year has been very trying for many households. Tough choices had to be made. We hear time and again from parents, seniors and young people alike, that food, utility and housing prices are too high to make ends meet, especially for our neighbors who are living on fixed incomes like social security.

We have seen the price of fuel, transportation, food, and additional services increase as inflation has taken grip. Despite these many challenges, the dedication of our staff, partners, donors, and volunteers has ensured that we continue to provide access to healthy food and the highest quality service.



The goal of our collective efforts is to ensure that our neighbors do not experience the devastating impact of hunger.

As we look ahead to the coming year, we will be **celebrating milestones**, filling us with continued hope. We will continue to introduce innovative programs that meet the evolving needs of our community and make a difference in the lives of those who need it most. Thank you for your support of the Kansas Food Bank as we continue to mobilize resources to fight hunger in our community.



Kelreca

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FOOD IS MEDICINE

Through our Food is Medicine Program, the Kansas Food Bank is working to **transform the food landscape** so all families can have access to food that is **healthy**, **high-quality**, **and culturally connected**.

The foods we are focusing on include **fresh produce** along with other **heart healthy staple items**. We have made a concerted effort to source low sodium canned vegetables and soups, canned fruit in its own juice vs heavy syrup, no sugar added pasta sauce, whole grain pasta and cereal, dry and canned beans and canned chicken.



People experiencing food insecurity are often affected by **multiple**, **overlapping issues** that can make it difficult to access and afford nutritious food. Rising food costs, financial struggles, unemployment or underemployment, lack of transportation and affordable housing, among other challenges, can all contribute to food insecurity. **Nutrition is integral** to people flourishing and to the treatment and management of diseases that threaten us. For people who are coping with **diet-related chronic conditions**, the combination of stress and poor nutrition from food insecurity can make it difficult to manage their condition.



Food is Medicine is a concept that reaffirms the connection of recognizing that access to **high-quality nourishment** is essential for well-being and a tool to reduce health disparities.

Being diabetic means that I have to be very careful with my health. My grandmother, mother and sister all died young due to this disease. I want to beat those odds, I don't want to die young.

Margo, pantry quest

FEEDING NEIGHBORS

The heart of what we do is ensuring our food insecure neighbors have access to good quality, healthy nutritious foods. We cannot do this alone. It takes partners on every level, in every county. Across our 85-county service area, we have pantry partners who open their doors to households in need. Monthly, we deliver to our rural pantries, while local pantries in Wichita can pick-up weekly at our warehouse.



With three growing kids to feed, there are weeks where I just have enough money for bills and a little bit of food. It would be hard without this assistance, the produce we receive helps us tremendously.

Thank you! I am very grateful.

-Patricia, pantry guest

In addition, we have **mobile pantries** that are deployed in communities and areas that lack or have **limited pantry service**. Both of these strategies help us reach our neighbors who are experiencing food insecurity. Having a multipronged approach allows us to better serve our neighbors ensuring that **No Kansan Go Hungry**.

WELCOMING NEIGHBORS WITH WICHITA HABITAT FOR HUMANITY







This year, we established a partnership with Habitat for Humanity to assist qualified homeowners as they move into their new homes. This initiative demonstrates the power of partnerships between nonprofits and how together, we can impact the basic needs of low-income families across our community. The Kansas Food Bank stocks the pantry and fridge for the families, providing nutritious meals for the new homeowners. Helping the new homeowner with a stocked kitchen allows them to immediately be able to start using their new kitchen as the heart of their home.

KANSANS FEEDING KANSANS

Kansas Food Bank received grant funding from the Local Food Purchase Assistance (LFPA) program with the U.S. Department of Agriculture and Kansas Department of Agriculture. The purpose of the LFPA Program is to maintain and improve food and agricultural supply chain resiliency.

The funds allowed us to purchase locally grown product from Kansas farmers, and then distribute the Kansas-grown and processed foods to underserved communities and families across our 85-county service area. Specifically, foods we were able to focus on included locally grown and processed produce, dairy, meat, and honey.



With the LFPA program we have received some fantastic produce along with frozen meat items.

To find out that an area farmer from right here in Marion County raised the watermelons we received is even better.

-Gene, Marion County Food Bank

With the grant's extension into 2024, the Kansas Food Bank will be able to **continue to nourish Kansans** with **fresh**, **locally grown product**. Not only does this program help feed our food-insecure neighbors, it **supports local farmers** and **invests back** into our Kansas economy. We are incredibly thankful for the opportunity to be part of this program.

During the **first round of funding** we purchased product from the following **Kansas growers**:

A & H Farm · AJ Honey Farms LLC · Barbra's Farm · Britt's Garden Acres · C & C High Tunnel Farms · Depot Farm, Inc. · Firefly Food Hub · Grazing Plains Farm LLC · Jirak Brothers Produce · Juniper Hill Farms · Leafy Green Farms, LLC · MLP Farms LLC · R Family Farms LLC · Salt Creek Farm, LLC



FEEDING KANSAS KIDS

Ensuring that hungry children have access to consistent nutrition is the focus of our child feeding programs.

FOOD FOR KIDS

provides backpacks full of kid friendly, easy to open and eat food every Friday during the school year for chronically hungry children.

THE SUMMER FOOD PROGRAM

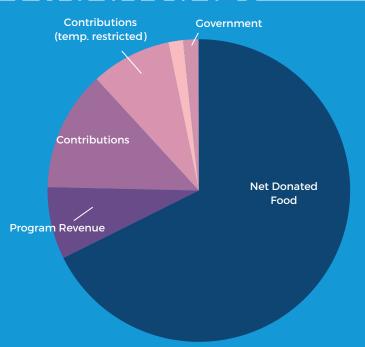
operates in rural communities and provides meal kit boxes that contain five breakfast and five lunch meals along with shelf stable milk that families can pick up weekly.

FILLING THE GAP

fills in when the USDA Federal Nutrition Programs are not operating such as Spring Break and at the last two weeks of summer in Wichita.

My favorite thing is the fruit snacks.
My brother's favorite are the oranges.
Sometimes we trade so we can both
have our favorites!
-Wichita Food 4 Kids participant





REVENUE

Net Donated Food	67.6%	\$20,115,044
Program Revenue	7.7%	\$2,293,878
Contributions	12.8%	\$3,813,334
Contributions (Temp. Restricted)	8.6%	\$2,552,049
Investments, Interest	1.6%	\$461,116
Investment Restricted, Interest.	.06%	\$19,441
Government	1.5%	\$458,616
Other Revenue	.07%	\$23,018
Total Revenue	\$29	,736,496



FEEDING OLDER AMERICANS

SERVING OUR SENIORS STRUGGLING TO LIVE OFF FIXED INCOMES

Helping provide specific programs designed to reach seniors is especially important to us. We have seen the total percentage of seniors seeking help increase from over the past few years and that number is projected to continue to grow as baby boomers age.

Through the Commodity Supplemental Food Program (CSFP), we are able to provide monthly senior food boxes in 28 counties to low income seniors. The CSFP boxes include a variety of foods, such as nonfat dry and ultra-high temperature fluid milk, juice, farina, oats, ready-to-eat cereal, rice, pasta, peanut butter, dry beans, canned meat, poultry or fish, and canned fruits and vegetables.



Bob Boxes are distributed in select rural NW and SW rural counties via the Health Departments. Bob Boxes are designed to reach seniors that are too proud to ask for help. This program offers a hand-up to some of our most vulnerable seniors.

This helps me tremendously. I utilize everything in my box and if it is something new and I don't know what to do with it, I look up a recipe. There is no shame. I think some people may be ashamed by going to a food bank and that is wrong to think that way.

I am glad I live in a place where this is possible.

Marjean, CSFP box recipient

EXPENSES

PROGRAM SERVICES

Donated Food Distributed72.4%\$19,733,834Cost of Purchased Distributed13.2%\$3,609,393Other Program Services11.9%\$3,251,031Total Program Services\$26,594,258

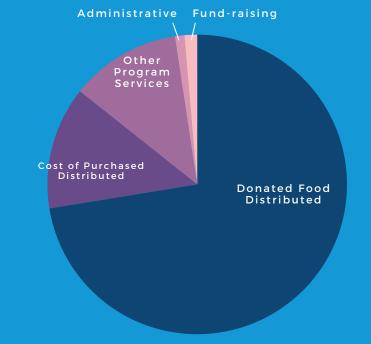
SUPPORT SERVICES

 Administrative
 1.0%
 \$273,345

 Fund-raising
 1.4%
 \$375,396

 Total Expenses
 \$27,242,999

 Total Net Assets, End of Year
 \$26,698,046



2023 AT A GLANCE

13.8 **TOTAL MEALS** DISTRIBUTED

274,065

SENIOR MEALS DISTRIBUTED

837,360

KIDS MEALS DISTRIBUTED

4.5

POUNDS OF PRODUCE DISTRIBUTED

66

TOTAL PARTNER SENIOR SITES

355

TOTAL PARTNER SCHOOLS & SFSP SITES

6.4 POUNDS OF FOOD RESCUED

207

PARTNER AGENCIES SERVED

321

MOBILE PANTRY DISTRIBUTIONS

203,000 TOTAL MILES DRIVEN

15,536

VOLUNTEER HOURS

325K+

PEOPLE REACHED ON SOCIAL MEDIA